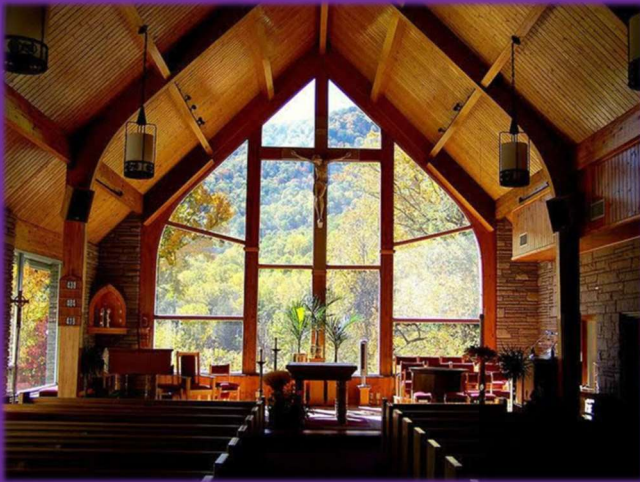


# LENTEN RETREAT



## WHAT

**Lent Season Spiritual Exercises Retreat for Men led by Fr. Richard Sutter**



## WHY

**To provide men with a silent Ignatius of Loyola Spiritual Exercises Retreat in the majestic smoky mountains as a means to enter into the Lenten Season walking closely alongside our Blessed Mother and Jesus Christ. Psalm 121:1-2**

## WHO

**Adult Men ages 18 and older  
(Only 40 slots available - first come first serve)**

## WHEN

**Thursday, March 7 (6pm)  
- First Sunday of Lent, March 10 (1pm)**

## WHERE

**Living Water Catholic Retreat Center  
103 Living Waters Lane.  
Maggie Valley, NC 28751**

*If interested send an email to **MS. MARY ANN WHEELER AT STJOHNWAYN ESVILLE@GMAIL.COM** and put **Retreat Registration** in subject row of email. You will be placed on our email list and receive updates leading up to the retreat, which will include: cost, how to register, and an updated retreat schedule with suggested packing list.*

# SCHEDULE

## THURSDAY, MARCH 7, 2019

4:30pm - Check-in begins  
6:00pm - Dinner with conversation  
7:30pm - Opening Talk to enter into the  
Spiritual Exercises  
8:30pm - Exposition of the Blessed Sacrament  
(Time of Silent Reflection)  
9:00pm - Benediction; Retire for the evening

## FRIDAY, MARCH 8, 2019

8:00am - Breakfast in silence with table  
readings  
9:00am - Meditation 1  
10:00am - Silent Reflection (opportunity to  
pray the rosary walking grounds)  
10:30am - Meditation 2  
11:45am - Mass  
12:30pm - Lunch in silence with table readings  
1:30pm - Personal time; rest (Confession  
Available)  
2:30pm - Stations of the Cross  
3:15pm - Talk  
4:00pm - Adoration with silent reflection &  
questionnaire (Confession Available)  
5:00pm - Benediction  
5:15pm - Dinner in silence with table readings  
6:15pm - Personal reflection time (Confession  
Available)  
7:00pm - Meditation 3  
8:00pm - Personal Reflection (Confession  
Available)  
9:00pm - Retire for evening



## SATURDAY, MARCH 9, 2019

8:00am - Breakfast in silence with table readings  
9:00am - Meditation 4  
10:00am - Silent Reflection (opportunity to pray the rosary  
walking grounds)  
10:30am - Meditation 5  
11:45am - Mass  
12:30pm - Lunch in silence with table readings  
1:30pm - Personal time; rest (Confession Available)  
2:30pm - Stations of the Cross  
3:15pm - Talk 2  
4:00pm - Adoration with silent reflection & questionnaire  
(Confession Available)  
5:00pm - Benediction  
5:15pm - Dinner in silence with table readings  
6:15pm - Personal reflection time (Confession Available)  
7:00pm - Meditation 6  
8:00pm - Personal Reflection (Confession Available)  
9:00pm - Retire for evening

## SUNDAY, MARCH 10, 2019

8:00am - Breakfast in silence with table readings  
9:00am - Meditation 7  
10:00am - Silent Reflection (opportunity to pray the rosary  
walking grounds)  
10:30am - Meditation 8  
11:45am - Mass with renewal of Baptismal Promises  
12:30pm - Lunch with conversation  
1:30pm - Room Cleanup; Checkout; Departure